

SECTION I

Chapter One: Land Selection

Lesson 1: location of land in the city

Lesson 2: Shape of the land

Lesson 3: Slope of the land

Lesson 4: Angle of the land

Lesson 5: Relation of roads with the land

Lesson 6: Location of water bodies

Lesson 7: Vegetation on the land

Lesson 8: Selecting true north

Chapter Two: House Design

Lesson 1: What is Vastu?

Lesson 2: Square Vastu

Lesson 3: Rectangular Vastu

Lesson 4: House proportion - Before you start:

Lesson 5: House Vastu calculations

Lesson 6: Placement of functions in the Vastu –Kitchen

Lesson 7: Dining or Utility room

Lesson 8: Master bedroom

Lesson 9: Master bathroom

Lesson 10: Staircase layout

Lesson 11: Home office or children bedroom

Lesson 12: Living room

Lesson 13: Meditation room

Lesson 14: Entrance / Foyer

Lesson 15: Brahmasthan

Lesson 16: Entire floor plan

Chapter Three: Vastu Fence Design

Lesson 1: Vastu fence

Lesson 2: House within the Vastu fence

Lesson 3: Fence Vastu Calculations

Chapter Four: House Elevation

Lesson 1: Building Height

Lesson 2: Symmetry in elevation

Lesson 3: Doors and Windows

Lesson 4: Natural materials

Lesson 5: Non-toxic materials

Lesson 6: Interior color scheme

Chapter Five: Past projects from Vastu green building studio, USA

SECTION II

Green Vastu

Lesson 1: Introduction

Lesson 2: Heating passive strategies

Lesson 3: Cooling passive strategies

Lesson 4: Conclusion

Pyra (Pyramid) Vastu

Lesson 1: What is Yantra?

Lesson 2: How to rectify existing Home?

Lesson 3: Types of Pyramids and its usage